

Spike and Spurs - August 26th Saturday

12th Annual Spike and Spurs Classic

Half-Mile Timing

Location

Flagler County Fairgrounds and Recreational Area
150 Sawgrass Road 650
Florida 32110

Schedule:

4:50AM: Leave MHS (Bus)
5:50AM: Arrive @ Flagler Palm Coast Fair Grounds
6:00AM: Gates Open
7:15AM: High Schools Boys Race
7:40AM: High School Girls Race

Admission: \$7 entry in advance (\$9 day of race): <https://www.fpcbulldogs.com/athletics/athletics/tickets>

Please remind your parents that you are to remain with the team/coach until you are dismissed from the meet. Athletes are expected to be in team camp with the team. Our team camp is designed to talk about race plans, relax prior to or after races, and to mentally prepare for upcoming events. While I understand that parents want to congratulate and “debrief” with their sons/daughters after their races, this should not be done until after the team is released. Much like you would not run onto a football field after a touchdown, I ask that you allow our team to focus on each other and on their post-race routines. Please respect our team’s focus while we are at our meet. Athletes will be released to parents at the conclusion of our team meeting at the end of our meets.



Course Video:

https://youtu.be/_mR1094vgvI