

# Buchholz Bobcat Classic @ Santa Fe September 2

Course: Santa Fe College; Gainesville, FL

## 1. Schedule:

1. Not later than 4:08AM: Athletes check in with Coach Schmitt @ Track Gate
2. 4:20AM: Bus leaves for Gainesville (approximately 1:40minute drive)
3. 6:15AM: Walk course (senior leadership); restrooms, Mental Race Preps
4. 7:30AM Boys Varsity
5. 8:00AM Girls Varsity
6. 8:30AM Boys JV
7. 9:00AM: Girls JV
8. 9:40AM Awards
9. 10:15AM: Leave for Jacksonville
10. 12:00PM: Arrive @ MHS

(Night before: review pre- and post-race routines. Review Course Map. Pack bag, snacks, water, and Gatorade(16oz) for meet; bed at 8:00PM—remember sleep hours)

**REMEMBER TO RESPOND, NOT REACT. EMBRACE THE SUCK. Take TEN to Refocus.**

### Girls Squad Routines

7:05AM: MHS Girls Varsity Pre-race routine begins.  
**8:00AM: Varsity Girls Race** (post-race routines begin immediately after race)  
8:05AM: MHS JV Girls Pre-Race routine begins.  
**9:00AM: Girls JV Race** (abbreviated post-race routines begin after race)  
9:40AM: Awards (estimated)  
10:15AM: Clear Team Camp; Team Debrief; Leave for MHS  
12:00PM: Arrive at MHS (tentative)

### Boys Squad Routines

6:35AM: MHS Boys Varsity Pre-Race Warm-up  
**7:30AM: Boys Varsity HS Race** (post-race routines begin after race)  
7:35AM: MHS JV Boys Pre-Race routine begins.  
**8:30AM: Boys JV Race** (post races routines begin after race)  
9:40AM: Awards (estimated)  
10:15AM: Clear Team Camp; Team Debrief; Leave for MHS  
12:00PM: Arrive at MHS (tentative)

Please remind your parents that you are to remain with the team/coach until you are dismissed from the meet. Athletes will remain in team camp with team. Our team camp is designed for athletes to talk about race plan, relax prior to or after race, and mentally prepare for their upcoming events. I ask that parents respect our team privacy while we are at our meet. Athletes will be released to parents at the conclusion of our team meeting after awards.

**Participation in meets is subject to adjustment based on grades/class, behavior, practice, and health.**

### Travel Squad

**Varsity Girls: (7):** Arianna Vializ\*; Ashlin Price; Keagan Miller; Alaysa Chipunov; Mia Ibrahimbegovic; Mya Herrera; Anna Leckie  
**JV Girls (13):** Ava Carter; Angelina Robinson; Jenna Beatty; Danielle Shaw; Ella Carroll; Jasmine Scott; Evelyn West; Shae Botta-Watson; Sabrina Romero; Giselle Barahona; Ashley Alvarado; Monica Munn\*; Lilly Kemper\*

**Varsity Boys: (5)** Dom Geraci; Charley West; Grey Murphy, MacKenly Ritz; Erik Lash

**JV Boys: (8)** Levi Brugmann; Liam Chattin; Richard McLaren; Cayden Smith; Evan Camden; Grant Makofske; Cole Hoisington; Aiden Threet

**Traveling, Not Competing:** Dependent on week's workouts/status. (Cammie France, Sadie Handmaker; Monica Munn; Joseph Dionne)

**Not traveling:** Lee Wallin; Lucas Giddens